

HWM 496 Health and Wellness Management Capstone

Field Experience Requirement

Fieldwork placement is an academic requirement of all HWM students taking HWM 496, Health and Wellness Management Capstone, in their final semester of the program. Our research has shown that practical experience is essential in preparing students for their future careers. Our goal is to provide our students with an experience that is of the highest quality, represents a true learning experience, and will help them develop valuable professional skills. Students are required to work a minimum of 100 hours. Students will be responsible for securing their fieldwork experience placement while enrolled in HWM 475, which occurs in the semester prior to the capstone.

Overall Goal of Fieldwork Experience:

At the completion of this fieldwork experience, the student will have gained an excellent understanding and knowledge of how a company or organization provides a variety of health and wellness programs and activities to employees/community. The student will complete experiences to meet a minimum of three of the competency areas listed below and will be evaluated on his/her performance in each of these areas.

Competency Areas:

- Health and wellness program planning and development
- Health and wellness program facilitation and/or presentation
- Marketing and promotion of programs and events
- Development of oral and written communication skills
- Opportunities for developing a professional network
- Administrative/organizational projects